

Course Description

Surgical techniques are rapidly evolving with the advancement of technology and research. This one-day course will cover a variety of surgical presentations to give updated information including lateral ankle repair, hip impingement, shoulder superior capsular reconstruction, and advanced shoulder instability. The course will also cover advancement in pharmaceutical pain management in post-operative patients and addressing fear avoidance with return to sport.

Objectives

- + Identify and discuss recent advancements in orthopedic surgical interventions for the upper and lower extremities, specifically the shoulder, hip, and ankle.
- + Review the implications that surgical advancement has on rehabilitation protocols and identify treatment most appropriate for the procedure.
- + Understand compounding factors in post-surgical rehabilitation including pain perception, pain management, and fear avoidance in return to activity.
- + Perform and implement current mobilization and intervention techniques for the athletic shoulder and hip.

Target Audience

This course is intended for physicians primarily in orthopedics, physical therapists and assistants, athletic trainers, and personal trainers or strength and conditioning specialists that work with patients following surgery.

Vendors

We would like to thank our vendors, Alter G, Stryker and others pending, for their support of the Aurora BayCare Current Concepts in Sports Medicine Symposium. You will be able to virtually chat with our vendors during breaks and lunch.

Lecture Notes

Lecture and lab notes will be available via Microsoft Teams.

Register Online

cme.advocateaurorahealth.org
Search: Current Concepts

Course Fees	(Through April 15)	(April 15 - April 30)
MD/DO	\$200	\$250
Allied Health	\$100	\$150
AAH Allied Health	\$75	\$125
Students	\$25	\$25

Online registration payment by credit card only.

For More Information

For registration questions contact Jackie Goddard at 920-288-5489 or email jacklyn.goddard@aah.org

Advocate Aurora Health subscribes to the articles of Title III of the Americans with Disabilities Act of 1990. Should you or anyone accompanying you require special assistance, please notify us by contacting 920-288-5489.

Cancellations

Refund requests must be made in writing to Tracy Reynolds at tracy.reynolds@aah.org by April 15, 2021. No refunds will be made after that time or in the case of non-attendance. Refunds for cancellations will be processed after the symposium.

The symposium reserves the right to cancel the event due to insufficient attendance, weather or any other unforeseen event. In case of cancellation, a refund will be made after the event.

Location

Symposium will be held virtually through Microsoft Teams. All presentations will be live.

It is the policy of Advocate Aurora Health Continuing Medical Education Office to ensure balance, independence, objectivity, and scientific rigor in all of its sponsored education activities. All participating faculty, course directors, and planning committee members are required to disclose to the program audience any financial relationships related to the subject matter of this program. Disclosure information is reviewed in advance in order to manage and resolve any possible conflicts of interest. All faculty and planning committee members have attested that their financial relationships do not affect their ability to present well-balanced evidence-based content for this activity. Specific disclosure information for each course faculty will be shared with the audience prior to the faculty's presentation.



Friday, April 30, 2021
Virtual Event

Aurora BayCare Current Concepts in Sports Medicine Symposium: Advances in Surgical Techniques and Rehabilitation Implications

Aurora BayCare Orthopedic
& Sports Medicine Center
Green Bay, WI

Aurora BayCare
Sports Medicine

Accreditation

The following continuing education units (CEUs) or contact hours of continuing education are pending approval according to the guidelines set forth and agreed upon by each of the following accrediting groups. It is the participant's responsibility to submit proof of attendance to the accrediting groups for continuing education credit.

AMA PRA Category 1 Credit(s)[™]

Advocate Aurora Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Advocate Aurora Health designates this live activity for a maximum of 7.5 AMA PRA Category 1 credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Wisconsin Physical Therapy Association

This course is pending approval to WPTA for 7.5 contact hours. Physical therapists are responsible for claiming only those hours actually spent participating in the CE activity. **Course # pending**

Certified Athletic Trainers

Aurora BayCare is pending approval by the Board of Certification Inc. to offer continuing education for certified athletic trainers. This program is pending approval for a maximum of 7.5 hours of Category A and EBP continuing education. Certified athletic trainers are responsible for claiming only those hours actually spent participating in the CE activity. **BOC approved provider No. P3482. Course # pending**

NSCA

National Strength and Conditioning Association (NSCA) is pending approval of this course for up to 0.6 CEU(s) in category A for certified individuals attending this event. **Course # pending**

Program Agenda

7:45 – 8:00 a.m.

Welcome/Course Overview

Jon Henry, MD - Orthopedic and Sports Medicine BayCare Clinic

8:00 – 8:30 a.m.

Lateral Ankle Complex Repair with Internal Bracing

Jason DeVries, DPM - Orthopedic and Sports Medicine BayCare Clinic

8:30 – 9:00 a.m.

Ankle Syndesmotic Repair

Robert Anderson, MD - Bellin Health Tiletown Sports Medicine and Orthopedics

9:00 – 9:30 a.m.

Micro-Instability of the Hip

Joseph Schwab, MD - Froedert & Medical College of Wisconsin

9:30 – 10:00 a.m.

Hip Impingement (AIIS, Sub spine, Femoral)

Jon Henry, MD - Orthopedic and Sports Medicine BayCare Clinic

10:00 – 10:30 a.m.

Panel Discussion

10:30 – 10:50 a.m.

Break and Vendor Exhibits

10:50 – 11:30 a.m.

Lab - Conservative and Surgical Management of Ankle Instability

Katelyn Peterson, PT, DPT, OCS - Advocate Aurora Health Manitowoc

11:30 – 12:10 p.m.

Lab - Hip Mobilization

Griffin Ewald, MPT, CSCS - Froedert Sports Medicine

12:10 – 12:50 p.m.

Lunch and Vendor Exhibits

12:50 – 1:20 p.m.

Superior Capsule Reconstruction

Loren Potter, DO - Advocate Aurora Health Oshkosh

1:20 – 1:50 p.m.

Shoulder Instability/Latarjet

John Awowale, MD - Orthopedic and Sports Medicine BayCare Clinic

1:50 – 2:20 p.m.

Advancement in Pharmaceutical Pain Management in Post-Operative Patients

Christopher Howson, MD - Pain & Rehab Medicine BayCare Clinic

2:20 – 2:50 p.m.

Shoulder Biceps Pathology/Biceps Tenodesis

John Awowale, MD - Orthopedic and Sports Medicine BayCare Clinic

2:50 – 3:20 p.m.

Panel Discussion

3:20 – 3:40 p.m.

Break and Vendor Exhibits

3:40 – 4:20 p.m.

Lab - Advanced Shoulder Rehabilitation

Joe Woldt, PT, DPT, SCS - Aurora BayCare Sports Medicine

4:20 – 5:00 p.m.

Lab - Aquatic Therapy for the Shoulder

Jackie Goddard, PT, DPT, LAT - Aurora BayCare Sports Medicine